

Six-Week Series: “Living Fully – Dying Well”

Facilitated by Susan Spratt, Betsy Walker and Ginna McFarling

Tuesdays 9:30 – 11:00 am, Room 308

Northside Church, 2799 Northside Drive, Atlanta, GA 30305

No reservation necessary. You are welcome to attend one talk or the entire series.

January 22th

The Physiology of Dying

Ginna McFarling is a retired nurse practitioner who has worked in women’s health for twenty-five years and in hospice for eight years. She and Betsy Walker, a registered nurse, will help us understand what happens to the body as it completes its life cycle.

January 29th

Preparation for Disability and Death: Wills, Advanced Health Directives, and Financial Power of Attorney

Patricia Friedman is a Senior Attorney at The Bowden Spratt Law Firm, P.C. and will lead our discussion. For over twenty-five years, she has helped clients with their disability and estate planning needs.

February 5rd

Writing Ethical Wills and Understanding Our Choices in Living Arrangements as We Age

Jana Eplan who works for Atlanta Senior Advocates will talk about Ethical Wills and then guide us through the possibilities of living options available to us as we age.

February 12th

Celebrating Lives and Obituaries

Journalist and author of *ObitKit*, Susan Soper will share creative ways to write an obituary and plan a service of remembrance.

February 19th

Being Fully Present to Those Who are Dying

Ginna McFarling will return to lead us in an encouraging discussion about how to care well for those who are dying.

February 26th

Joyful and Creative Ways to Remember, Honor, and Celebrate Our Loved Ones

Susan Spratt, Ginna McFarling and Betsy Walker will round out our six-week series with an energizing discussion about special ways to celebrate our loved ones.